

SELF-MANAGEMENT SKILLS



I can do things that involve strength. I can complete tasks that involve large muscles.

GROSS MOTOR SKILLS



I can do things that take precision and care. I can complete delicate tasks.

FINE MOTOR SKILLS



I am aware that other people need their own space. I am aware of my own space. I am aware of my environment and objects that are in it.

SPATIAL AWARENESS



I plan carry out and complete activities. I keep my work in order. I keep my things tidy. I know where my things are.

ORGANIZATION



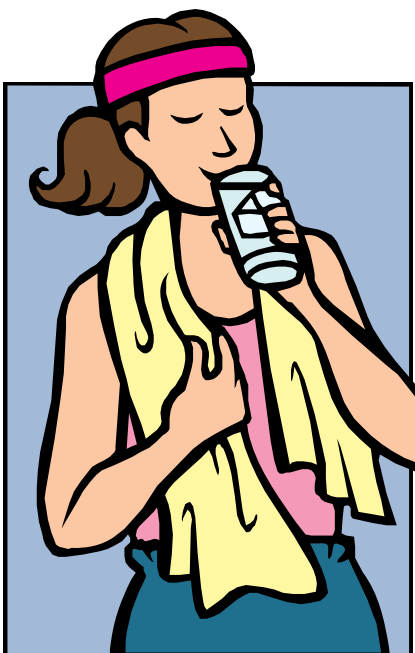
I can complete my work and hand it in on time. I am in the right place at the right time. I plan my time so I know that I can do everything I need to do.

TIME MANAGEMENT



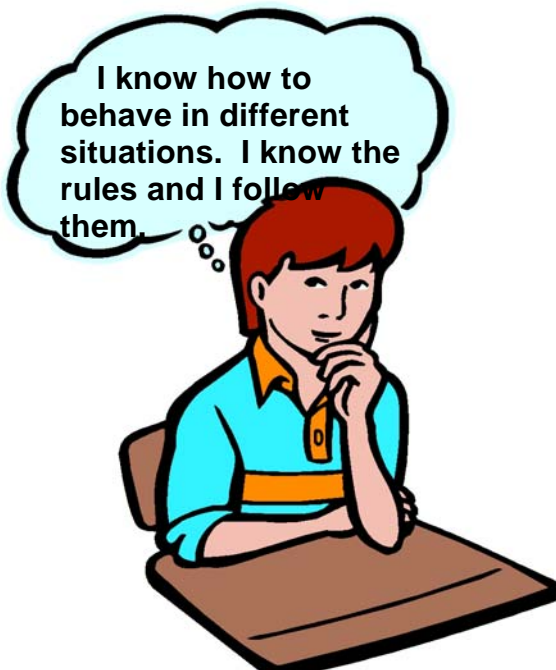
My behavior choices keep me safe. My behavior choices keep other people safe. I avoid putting myself or others in danger.

SAFETY



I eat a balanced diet. I make sure I have time to rest and relax. I exercise. I take care of myself.

HEALTHY LIFESTYLE



I know how to behave in different situations. I know the rules and I follow them.

CODES OF BEHAVIOR



I can choose a suitable course of action. I base my choices on facts and opinions. I reflect before I make my choices.

INFORMED CHOICES